

Summer 2011 Schedule

Parenting Classes



Incredible Years Series emphasizing Developmental Stages of Babies / Madonna House residents have first priority / This series is for pregnant women or caregivers with babies up to 18 months old.

IN ENGLISH (Spanish interpreter provided with advance notice)

Friday	June 17, 2011	9:30am to 11:30am - First Class
Friday	June 24, 2011	9:30am to 11:30am
Friday	July 1, 2011	9:30am to 11:30am
Friday	July 8, 2011	9:30am to 11:30am
Friday	July 15, 2011	9:30am to 11:30am
Friday	July 22, 2011	9:30am to 11:30am
Friday	July 29, 2011	9:30am to 11:30am
Friday	August 5, 2011	9:30am to 11:30am – Last Class

Instructor – Kim Whitty, MS – Please call Taina at 918-508-7102 to enroll.

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – The Incredible Years parent training intervention is a series of programs focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's babyhood and school experiences in order to promote children's academic, social and emotional competencies and reduce conduct problems. The Incredible Years Parents, Teachers, and Children Training Series has two long-range goals. The first goal is to develop comprehensive treatment programs for young children with early onset conduct problems. The second goal is the development of cost-effective, community-based, universal prevention programs that all families and teachers of young children can use to promote social competence and to prevent children from developing conduct problems in the first place.



Health Classes

Car Seat Class – for SPANISH speakers only

SPANISH ONLY

Wednesday	June 1, 2011	6:00pm to 7:30pm
Wednesday	July 6, 2011	6:00pm to 7:30pm
Wednesday	August 3, 2011	6:00pm to 7:30pm

Cost – \$10 fee

Instructor – Margarita Summers, Certified Instructor – Please call Margarita at 918-508-7162 to enroll.

Location – Catholic Charities’ Padre Pio Emergency Services Reception Area

Description – This class, which is open to the public, provides information on car seat safety.

Natural Family Planning – English

IN ENGLISH

Tuesday (Part 1)	June 21, 2011	6:30pm to 8:30pm
Tuesday (Part 2)	June 28, 2011	6:30pm to 8:30pm

Cost – \$30 for text

Instructors – Catholic Charities Staff – Please call Taina at 918-508-7102 to enroll.

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – This 2- session class, which is open to the public, teaches participants a natural and effective way to determine the fertile time of a woman’s cycle (to postpone or achieve pregnancy).

Natural Family Planning – Spanish

IN SPANISH

Wednesday (Part 1)	June 8, 2011	6:00pm to 8:00pm
Wednesday (Part 2)	June 15, 2011	6:00pm to 8:00pm
Wednesday (Part 1)	July 13, 2011	6:00pm to 8:00pm
Wednesday (Part 2)	July 20, 2011	6:00pm to 8:00pm
Wednesday (Part 1)	August 10, 2011	6:00pm to 8:00pm
Wednesday (Part 2)	August 17, 2011	6:00pm to 8:00pm

Cost – \$30 for text

Instructors – Margarita Summers and Xochitl del Rio, Catholic Charities Staff
– Please call Margarita at 918-508-7162 to enroll.

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – This 2- session class, which is open to the public, teaches participants a natural and effective way to determine the fertile time of a woman’s cycle (to postpone or achieve pregnancy).

A.A. (Alcoholics Anonymous) Meetings

IN ENGLISH

Every Thursday

Year Round

7:00pm to 8:30pm

Organizer – Bob Pielsticker

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – By sharing their experiences, strength, and hope, these men and women help each other overcome alcoholism and achieve sobriety.

Al-Anon Meetings

IN ENGLISH

Every Thursday

Year Round

7:00pm to 8:30pm

Organizer – Bob Pielsticker

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – This group offers strength and hope to friends and relatives of problem drinkers.

Cooking from Scratch with Monica and Bonnie for St. Liz residents

IN ENGLISH

Monday

June 13

6:00pm to 7:30pm

Affordable Meat Meal

Monday

June 20

6:00pm to 7:30pm

Vegetarian & Chicken Meal

Monday

June 27

6:00pm to 7:30pm

Affordable Meat Meal

Instructors – Monica Conro and Bonnie Gruel

Location – St. Katharine Drexel Education Center/Kitchen at Catholic Charities

Description – Each class will present economical and delicious recipes featuring 4 to 8 items. Participants will gain some hands on experience.



Education Classes

ESL – English as a Second Language/Series 3/Current Students (Burmese speakers)

FOR BURMESE

Saturday – **First Class**

June 4, 2011

10:00am to 12noon

Saturday

June 11, 2011

10:00am to 12noon

Saturday

June 18, 2011

10:00am to 12noon

Saturday

June 25, 2011

10:00am to 12noon

Saturday **No class on July 2 (Independence Day Weekend)**

Saturday

July 9, 2011

10:00am to 12noon

Saturday – **Last Class**

July 16, 2011

10:00am to 12noon

Instructor – Chris Byrd / Kathleen Byrd

Location – Graduate Center Building (Room 4A37) at Oral Roberts University (7777 S Lewis Ave)

ESL for Burmese speakers – English as a Second Language continued

Description – This 6 week class, class is a continuation of the previous 8 –week class. Enrollment for this class is now closed. Please contact Cecilia at 918-508-7187 or email pcing@catholiccharitiestulsa.org for more information.

ESL – English as a Second Language

PRIMARILY FOR SPANISH SPEAKERS BUT OPEN TO ANYONE DESIRING TO LEARN ENGLISH

Monday	June 6, 2011	6:00pm to 8:00pm – First Class
Wednesday	June 8, 2011	6:00pm to 8:00pm
Monday	June 13, 2011	6:00pm to 8:00pm
Wednesday	June 15, 2011	6:00pm to 8:00pm
Monday	June 20, 2011	6:00pm to 8:00pm
Wednesday	June 22, 2011	6:00pm to 8:00pm
Monday	June 27, 2011	6:00pm to 8:00pm
Wednesday	June 29, 2011	6:00pm to 8:00pm
No class on Monday, July 4th (Independence Day)		
Wednesday	July 6, 2011	6:00pm to 8:00pm
Monday	July 11, 2011	6:00pm to 8:00pm
Wednesday	July 13, 2011	6:00pm to 8:00pm – Last Class

Instructors – Linda Black, Bill Helen, Vicki Silva, Linda Archer, Will LePage

– Please call Taina at 918-508-7102 to enroll.

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – This 17 week class, which is free and open to the public, teaches participants the basics of the English language, emphasizing the words and phrases necessary for everyday activities.

GED – General Equivalency Diploma (Math Skills, Tuesday evenings)

IN ENGLISH

Tuesday	June 7, 2011	6:00pm to 8:00pm
Tuesday	June 14, 2011	6:00pm to 8:00pm
Tuesday	June 21, 2011	6:00pm to 8:00pm
Tuesday	June 28, 2011	6:00pm to 8:00pm
Tuesday	July 5, 2011	6:00pm to 8:00pm
Tuesday	July 12, 2011	6:00pm to 8:00pm

Instructors – John Lieber, J.D., Chris Corcoran – Please call Taina at 918-508-7102 to enroll.

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – This 6 week summer class, which is free and open to the public, teaches participants the math skills necessary to pass the GED exam.

GED – General Equivalency Diploma (English Skills, Thursday evenings)

IN ENGLISH

Thursday	June 9, 2011	6:00pm to 8:00pm
Thursday	June 16, 2011	6:00pm to 8:00pm
Thursday	June 23, 2011	6:00pm to 8:00pm
Thursday	June 30, 2011	6:00pm to 8:00pm
Thursday	July 7, 2011	6:00pm to 8:00pm
Thursday	July 14, 2011	6:00pm to 8:00pm

Instructors – Dylan Henderson, MLIS – Please call Taina at 918-508-7102 to enroll.

Location – St. Katharine Drexel Education Center at Catholic Charities

Description – This 6 week summer class, which is free and open to the public, teaches participants the English skills necessary to pass the GED exam.

No Classes on These Days

July 4, 2011	Independence Day
September 5, 2011	Labor Day
November 24, 2011	Thanksgiving Day
November 25, 2011	Thanksgiving Friday
December 23, 2011	Christmas Eve (Friday before)
December 26, 2011	Christmas Day (Monday after)
December 30, 2011	New Year's Eve (Friday before)